

OPTIMI

Statement of Procedure for those wishing to promote their Targeted Training services through Optimi

Introduction

The purpose of this statement is to bring clarity for those who wish to have their Targeted Training services featured on the Optimi website.

The **Objective** of Optimi is set out in our Constitution:

‘The relief of sickness and the promotion of health among those suffering with neuromotor and neuromuscular disorders.’

There are three strands by which this Objective is achieved:

a) advancing the education of professionals, specifically to promote, sustain and increase individual and collective knowledge and understanding of specific areas of study, skills and expertise relating to the model of physiotherapy known as Targeted Training.

b) nurturing the concerns of all those, worldwide, who have interest and/or involvement in the sequential and segmental approach to the development of human movement control.

c) the creation, monitoring and encouragement of maintenance of clinical standards of the model of physiotherapy known as Targeted Training.

The **Aim** of our charity is, in simple terms, to enable as many people as possible who have disabilities that might respond in some part to Targeted Training therapy, to have access to this physiotherapy approach. Our aim fully reflects the purposes that the charity was set up to further.

Optimi’s education process (item a) above) is designed to help individuals, therapists, or others, to understand the relevance and practical implementation of the principles that underpin Targeted Training. This, together with item c) (above) and the Aim (above) are particularly relevant in the context of this statement to enable as many people as possible to benefit from Targeted Training.

Procedure

1. Anyone who wishes their Targeted Training services to be featured on the Optimi website should contact Optimi in the first instance admin@optimi.org.uk
2. An individual will be recognised as a provider of Targeted Training on provision to Optimi of:
 - a. Demonstration of their understanding and ability to implement the principles of Targeted Training. This may be by successful completion of any examination set by Optimi or by other means which the Optimi deems appropriate.
 - b. Demonstration of their ongoing reporting of appropriate outcome measures of children in their care who have participated in Targeted Training. This information must be easily available to the public.
3. An individual's continuing recognition by Optimi as a provider of Targeted Training will rely on evidence of:
 - a. Continual professional development and practice in the sphere of Targeted Training and upright postural control. This may be by attendance at relevant courses, successful completion of further examinations set by Optimi, self-reflection, case studies or other evidence that the individual feels is relevant.
 - b. Ongoing reporting of appropriate outcome measures that are available to the public.

This evidence should be submitted to Optimi on a time frame determined by Optimi.

Note: It is an individual who has the knowledge and experience to provide Targeted Training and thus to be recognised on the Optimi website. A centre cannot be recognised in this way except as the workplace of that individual.

This statement will be reviewed on a triennial basis.